

MARLBORO COLLEGE TOTAL HEALTH CENTER
Marlboro, VT 05344

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Dear Student,

Congratulations on your acceptance and decision to attend Marlboro College. We are here to make sure that your experience at Marlboro College is as healthy as possible and that you receive the best possible health care. Please know the Total Health Center can address your counseling as well as medical needs.

All students enrolled at Marlboro College, for 8 credits or more, pay the comprehensive health fee. This fee provides unlimited access to the services of the Marlboro College Total Health Center within the scope of its capacity and operating hours. The Marlboro College Total Health Center employs a Nurse Practitioner (NP), who is licensed to write prescriptions and provide almost all of the services offered by a physician. The NP acts as the student's primary care provider. The Total Health Center also employs a psychiatric Nurse Practitioner, two licensed mental health counselors, and two registered nurses. Consultation to the Total Health Center is provided by a collaborating physician and a consulting psychiatrist.

Well in advance of your arrival here on **Sunday, August 25, 2013**, you will need to complete our required medical form. This form can be found on line by going to http://www.marlboro.edu/resources/incoming_students/forms/health_form. This must be completed and returned to the college **no later than July 1, 2013**. A hard copy is available by contacting the Health Center. The printed out form includes:

1. A medical history questionnaire to be completed by you.
2. A history and physical exam form to be completed by a physician, nurse practitioner or physician's assistant at the time of the exam. The physical exam must have occurred within the past year, must be completed on the exam form provided, and cannot be performed by a relative.
3. An immunization verification form to be signed by a health care provider. Other forms will not be accepted.

Please note that Marlboro College will not register students who do not have proof of, or exemption from, the following immunizations required by the Vermont Department of Health:

- a) MMR (Measles, Mumps, Rubella) - 2 doses
- b) Hepatitis B - 3 doses
- c) Tetanus-Diphtheria- primary series and Td/Tdap booster within the past ten years.
- d) Meningococcal - 1 dose of Meningococcal conjugate vaccine (Menactra) for first year students living in college housing.
- e) Varicella ("Chicken Pox") - 2 doses or history of disease

In addition, Marlboro College requires a Tuberculosis screening showing no risk factors as outlined by the Center for Disease Control (CDC) or Mantoux test (PPD) within the year prior to enrollment. In most health care settings, this can be done at the time of your physical exam.

Per Vermont Department of Health regulations, exemptions are allowed if there is a medical contraindication to a specific immunization or the student claims a moral or religious objection to immunization. The appropriate form can be found on the Marlboro website with the health form.

If you have any questions regarding the health forms or if we can be of assistance with any current psychiatric or counseling concerns, please do not hesitate to contact our office manager Megan Littlehales (802.258.9335).

We are truly looking forward to meeting you.