



Vermont Freedom Plan - Preferred Provider Organization (PPO)

\$500 / \$1,000 Individual / Family Deductible, 20% Coinsurance, \$20 Office Visit, \$1,500 / \$3,000 Individual / Family Out-of-Pocket Limit

Prescription Drugs - \$0 Deductible, \$10 Generic, \$20 Preferred Brand-Name, or \$35 Non-Preferred Brand-Name Co-payments

BENEFIT HIGHLIGHTS	PREFERRED PROVIDERS	NON-PREFERRED PROVIDERS
Calendar Year Deductible	\$500 Individual \$1,000 Family	\$1,000 Individual \$2,000 Family
Coinsurance	Plan pays 80% of our allowed price after you meet your deductible. You pay 20% of our allowed price up to your out-of-pocket limit.	Plan pays 70% of our allowed price after you meet your deductible. You pay 30% of our allowed price up to your out-of-pocket limit.
Calendar Year Out-of-Pocket Limit	\$1,500 Individual \$3,000 Family When you meet your out-of-pocket limit, we pay 100% of our allowed price.	\$3,000 Individual \$6,000 Family When you meet your out-of-pocket limit, we pay 100% of our allowed price.
Lifetime Maximum	\$2,000,000 per member per lifetime	\$2,000,000 per member per lifetime
Transplant Services Benefit Maximum	\$2,000,000 per member per lifetime	\$2,000,000 per member per lifetime

OUTPATIENT CARE	PREFERRED PROVIDERS		NON-PREFERRED PROVIDERS	
	YOU PAY	PLAN PAYS	YOU PAY	PLAN PAYS
Adult Preventive Office Visits <i>Excludes diagnostic services such as laboratory and x-ray</i>	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Gynecological Preventive Office Visits	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Well Baby and Child Office Visits <i>Includes routine immunizations</i>	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Screening Mammogram <i>Excludes diagnostic services</i>	\$20 co-payment	100% of our allowed price after co-payment	\$20 co-payment	100% of our allowed price after co-payment
Colorectal Screening <i>Excludes diagnostic services</i>	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Other Physician Office Visits	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Mental Health and Substance Abuse Office Visits <i>Requires prior approval</i>	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Maternity Office Visits	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Nutritional Counseling <i>Up to three visits; visits for treatment of diabetes do not count toward the three-visit limit</i>	\$20 co-payment	100% of our allowed price after co-payment	100% of charges	Not a covered benefit
Chiropractic Visits <i>Prior approval required after 12 visits</i>	\$20 co-payment	100% of our allowed price after co-payment	100% of charges	Not a covered benefit

Effective Date: 01/01/2010

Plan Name: BCBS-PPO-\$20-\$20-DC-\$500-\$1,500-20%/(Rx-0-\$0-\$20-\$35) 1003230

Template Name: BCBS-PPO-DC-2010LG



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OUTPATIENT CARE	YOU PAY	PLAN PAYS	YOU PAY	PLAN PAYS
Emergency Room Physician	\$20 co-payment	100% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Emergency Room <i>Covered when your condition meets criteria for necessary emergency care</i>	Deductible, then 20% of our allowed price	80% of our allowed price after co-payment	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Diagnostic Services <i>Includes laboratory and x-ray</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Outpatient Surgery <i>Prior approval may be required</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Outpatient Physical, Occupational, and Speech Therapy <i>Up to 30 visits combined per calendar year</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
INPATIENT CARE	YOU PAY	PLAN PAYS	YOU PAY	PLAN PAYS
Inpatient Care, General Hospital <i>Requires precertification</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Inpatient Care, Mental Health or Substance Abuse <i>Requires prior approval</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
HOME CARE AND REHABILITATION SERVICES	YOU PAY	PLAN PAYS	YOU PAY	PLAN PAYS
Inpatient Skilled Nursing	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	100% of charges	Not a covered benefit
Inpatient Rehabilitation <i>Requires prior approval</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	100% of charges	Not a covered benefit
Home Health and Hospice Care Services	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
Cardiac Rehabilitation <i>Up to 36 sessions per acute cardiac event; requires prior approval</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	100% of charges	Not a covered benefit
Private Duty Nursing <i>Up to \$2,000 per member per calendar year; requires prior approval</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible
OTHER SERVICES	YOU PAY	PLAN PAYS	YOU PAY	PLAN PAYS
Ambulance <i>Includes emergency and routine transport. Prior approval required for non-emergency transport</i>	Deductible, then 20% of our allowed price	80% of our allowed price after coinsurance	Deductible, then 20% of our allowed price	80% of our allowed price after coinsurance
Medical Equipment and Supplies <i>Prior approval may be required</i>	Deductible, then 20% of our allowed price	80% of our allowed price after deductible	Deductible, then 30% of our allowed price	70% of our allowed price after deductible



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PRESCRIPTION DRUGS	YOU PAY	PLAN PAYS	YOU PAY	PLAN PAYS
Retail Pharmacy Program <i>Up to a 30-day supply. Prior approval may be required</i>	\$10 Generic co-payment	100% after co-payment	100% of charges	Not a covered benefit
	\$20 preferred brand-name co-payment	100% after co-payment	100% of charges	Not a covered benefit
	\$35 non-preferred brand-name co-payment	100% after co-payment	100% of charges	Not a covered benefit
Mail Order Pharmacy Program <i>Up to a 90-day supply. Prior approval may be required</i>	\$20 generic co-payment	100% after co-payment	100% of charges	Not a covered benefit
	\$40 preferred brand-name co-payment	100% after co-payment	100% of charges	Not a covered benefit
	\$70 non-preferred brand-name co-payment	100% after co-payment	100% of charges	Not a covered benefit

Any portion of your deductible applied for services you have after September 30th each year will be applied toward your next year's deductible as well.

Diabetic Medications will be covered at 100% of our allowed price. Diabetic DME will take a costshare.

Benefit Enhancement Rider

This document summarizes the benefits of your health care plan per calendar year. Your subscriber contract defines the complete terms and conditions of your benefits in detail. Should any questions arise concerning your benefits, your subscriber contract governs.

Benefits paid by your health plan for services rendered by Preferred Providers and Non-Preferred Providers are combined and applied to a common Lifetime Maximum dollar amount.

Benefits paid by your health plan for services rendered by Preferred Providers and Non-Preferred Providers are combined and applied to a common lifetime Transplant Services Benefit Maximum dollar amount.